# Here are 7 Promises Men can make if they are serious about changing their life and the lives of their families:

## I PROMISE TO PRACTICALLY AND PRAYERFULLY CONSIDER ....

# #1 - My Faith ... relationship with God through Jesus Christ.

Jesus (men need Him, need to settle the eternal, and will eventually realize they need the Super-Natural help from their God to make it)

### #2 - My Fitness ... from a spiritual, mental, and physical perspective.

(temple-care, able to perform better, increase your ability to meaningfully contribute, learn to excel in weakness and strength)

# #3 - My 'Love-Life'

(Lover of your heart and Lover of your soul, Bride Of Christ and Bride Of Life, Loving others in a way that allows me to get over hurts/bitterness/unforgiveness/disunity/prejudices, Does my love-life resemble more of a lust-life?)

### #4 - My Family

(what will they see, what will they do, making the child-rearing and beyond seasons meaning, Practicing Integrity as you prepare yourself to be a family-man OR to represent the Family-of-God to others)

#### #5 - My Legacy

(Reputation, bringing fame to God's Name and a good reputation to your family name too, what will be on your gravestone, what will the dash between your date of birth and death mean to God/Family/Friends/Colleagues/Co-workers/Neighbors and those who know you?)

# #6 - My Future

(What is guaranteed to happen in the next 5 years or 10 years? Am I preparing for the inevitable? My future is Heaven, so what am doing with the time I have on this side of Heaven?, Am I positively contributing to God's Great Commission and the future certainty of His return and judgement?)

#### #7 - My Responsibility

(Preparation vs Procrastination, Kingdom & Community - Sitters And Quitters, Work & Worship - don't expect to eat if you don't work, bring glory to God in the marketplace by the quality of your work, we are not meant to be fulfilled by always expecting a hand-out or hand-up; Your Worship on this side of Heaven can be fulfilling and meaningful, think of worship as a rehearsal for what you will be doing once you are promoted)