

from the LIFE.



## **Prayers of Affirmation**

I know that You can do all things and that no purpose of Yours can be thwarted. Job 42:2

Jesus, You have given me eternal life, and I will never perish; no one can snatch me out of Your hand.
My Father, who has given me to You , is greater than all and no one can snatch me out of His hand. John 10:28-29
Lord, through weariness and hurt, through disaster on the news, through headaches and depression,
I am still yours.
I do not understand, but I believe that you are here in the dark places of human life, and that nothing can take us out of your hands.

ANGELA ASHWIN, American author (twentieth century) [The Book of a Thousand Prayers,96]

I know that when the stress has grown too strong, you will be there. I know that when the waiting seems so long, you hear my prayer. I know that through the crash of falling worlds, you're holding me. I know that life and death are yours eternally.

JANET STUART, English author (1857-1914) [The Book of a Thousand Prayers, 101]

## A PRAYER FOR TODAY

Take something small and hold it in your hand. Consider how you can control what is in your hand ....
Ponder the affirmation – that no one can snatch you out of Jesus' hand ....
Lord, here is where my life does not feel like it is in Your hand .....
Sometimes I fear national and international events .....
Sometimes I fear personal disaster .....
Sometimes I experience darkness and dread .....
Remind me that none of this is outside Your control.
Let me live in the reality that I am safely in Your hand
and that You control my life as easily as I control what I now hold in my hand.
I know that You are good, so anything that passes by Your hand into my life is for my ultimate good, even if right now I can't understand how. Amen.

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