

## “Simplify Your Life” Book and Bible Study

with author and teacher Marcia Ramsland \* [www.OrganizingPro.com](http://www.OrganizingPro.com)

“Midday Connection” at [www.moodyradio.org](http://www.moodyradio.org) is hosting the class every other Monday January-April 2011 with hosts Melinda Schmidt and Anita Lustrea. Materials can be found at [www.organizingpro.com](http://www.organizingpro.com) . Join us for this nationwide class on Mondays with Marcia on Midday!

The book, ***Simplify Your Life: Get Organized and Stay that Way*** by Marcia Ramsland covers your time, your home, your paperwork, and special seasons of your life like parenting, holidays and transitions -- and how to smoothly do it all! The Bible Study focuses on life lessons from Proverbs, the book of lifestyle wisdom to change us from the inside out.

You may do as little or much as you want to such as listen to the radio class, read the book, watch the DVDs, or follow the workbook. You **can** simplify your life with practical new ideas!

Class Dates	HOMEWORK will be Discussed AFTER the Date Listed
<input type="checkbox"/> <b><u>Jan 10, 2011</u></b> (Date) Wkbk pg. 1-10	* Optional: Watch the Weekly DVD along with each lesson. <b>Week 1 – Simply Begin Your Journey &amp; System #1: Kitchen</b> Chapter 1 – Simplifying Is a Personal Journey ( <i>Book pg. 1</i> ) Chapter 6 – Maximize Mealtimes ( <i>Book pg. 69</i> )
<input type="checkbox"/> <b><u>Jan 24, 2011</u></b> (Date) Wkbk pg. 11-15	<b>Week 2 – Simplify Your Planner &amp; System #2: Laundry &amp; Closet</b> Chapter 2 – Simplify Your Weekly Calendar ( <i>Book pg. 15</i> ) Chapter 7 – Lighten Up Laundry and Closets ( <i>Book pg. 81</i> )
<input type="checkbox"/> <b><u>Feb 7, 2011</u></b> (Date) Wkbk pg. 16-20	<b>Week 3 – Simplify Each Day &amp; System #3: Cleaning &amp; Clutter</b> Chapter 3 – Simplify Your Daily Schedule ( <i>Book pg. 27</i> ) Chapter 8 – Conquer Cleaning ( <i>Book pg. 93</i> )
<input type="checkbox"/> <b><u>Feb 21, 2011</u></b> (Date) Wkbk pg. 21-25	<b>Week 4 – Simplify Systems #4 and #5: Mail &amp; Projects</b> Chapter 4 – Your Personal Organizing Center ( <i>Book pg. 40</i> ) Chapter 9 – Power through Projects ( <i>Book pg. 106</i> )
<input type="checkbox"/> <b><u>March 7, 2011</u></b> (Date) Wkbk pg. 26-30	<b>Week 5 – Simply Organize Your Day &amp; Paperwork</b> Chapter 5 – Simplify Have a Great Day! ( <i>Book pg. 52</i> ) Chapter 10 – Simplify Your Worklife ( <i>Book pg. 121</i> )
<input type="checkbox"/> <b><u>March 21, 2011</u></b> (Date) Wkbk pg. 31-34	<b>Week 6 – Simply Influence Children Well &amp; Master Holidays</b> Chapter 11 – Simplify Your Parenting ( <i>Book pg. 136</i> ) Chapter 12 – Simplify the Holidays ( <i>Book pg. 148</i> )
<input type="checkbox"/> <b><u>April 4, 2011</u></b> (Date) Wkbk pg. 35-38	<b>Week 7 – Simplify Transitions &amp; Your Next Steps</b> Chapter 13 – Simplify Your Transitions ( <i>Book pg. 163</i> ) Chapter 14 – Simply Put – You Can Do This! ( <i>Book pg. 179</i> )
<input type="checkbox"/> <b><u>April 18, 2011</u></b> (Date) Book & Wkbk Done!	<b>Week 8 – Final Week - Success Stories &amp; Moving Forward!</b> Apply Chapter 9 – Power through Projects ( <i>Book pg. 106</i> )

**Materials:** Book *Simplify Your Life: Get Organized and Stay that Way!* by Marcia Ramsland.

**Optional Resources** include 7-Week Simplify DVDs, *Simplify Your Life Workbook*, and *Proverbs 31 CD* available at [organizingpro.com](http://organizingpro.com). Radio archives at [moodyradio.org](http://moodyradio.org).