

Hi, I'm Crawford Loritts with a Legacy Moment.

Have you ever had someone close to you do something so terribly disappointing that literally caused you to grieve? I remember doing that to my dad when I was twelve years old. I'll never forget his words. I had done something that really violated everything that he'd taught me, some of the very high standards he had and his expectations of both my sisters and me. And I violated that. When he found about it, I'll never forget this, he looked me in the eye with tears in his own eyes and he said, “Boy, you hurt my heart.” My actions, my disobedience was so painful to him that it literally caused him to grieve. I hurt him.

Did you know that God feels the same about us? Even though God is sovereign and He knows us and what we're going to do, God has a personality, and He has emotions. He has feelings. And sometimes the things we do and say hurt and grieve His very heart.

Listen to these words in Ephesians chapter 4 verse 30; “And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.”

Do not grieve the Holy Spirit of God. We can cause the Holy Spirit emotional pain. When we violate God's principles, that Spirit who lives within us, the third person of the Godhead, is grieved. “What's the point?” you say? That is sin is no light thing, it's no light matter. We don't just hurt ourselves and those around us, we hurt the very heart of God.

Here's what I want you to remember and do today. God loves us so much, He's hurt when we sin. His pain ought to be a deterrent to sin in our lives, much like my father's tears caused me to never, ever do what I did again.